

A B1 INTERMEDIATE LESSON

Vocabulary *memory.*

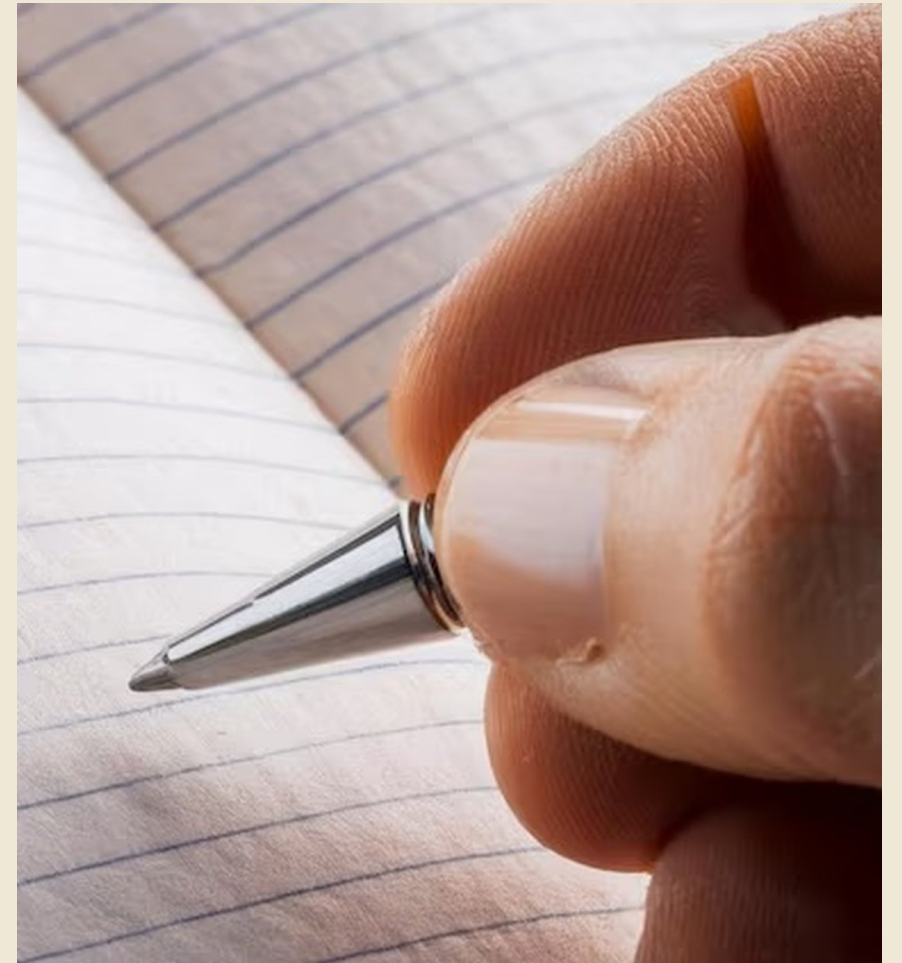
Speaking & vocabulary · Day 1, Lesson 3 · 90 minutes

LESSON AIMS

Learn a seven-step system for recording new words.

Apply it to five words from your life.

Practise testing yourself before you check.



How many can you remember?

A typical student's vocabulary notebook. Look at it for thirty seconds.

FROM A STUDENT'S NOTEBOOK

reliable – fiable

to figure out – averiguar

committed – comprometido

eventually – finalmente

to come up with – proponer

opportunity – oportunidad

bother – molestar

thrive – prosperar

achievement – logro

get rid of – deshacerse de

DISCUSS

How many of these words will the student remember next week?

What's wrong with this way of recording vocabulary?

How do you write down new words yourself?

TALK TO YOUR PARTNER · THREE MINUTES

Try, before you check.

Eight words from last week. Cover the meanings. How many can you produce?

reliable

someone you can count on

achievement

something you've done well

rely on

depend on someone or something

get rid of

remove, throw away

confident

sure of yourself

opportunity

a chance to do something

keep in touch

stay in contact

hesitate

to pause before deciding

Then check with your partner. Which two did you produce without looking?

Three new words. Your way.

Write each one in your notebook the way you normally would. Five minutes.

thrive

(verb)

commit

(verb)

reluctant

(adjective)

Then show your partner what you wrote. We'll come back to it.

Seven hooks.

One word can sit in your memory by seven hooks. Not one.

<i>i</i>	Meaning	<i>in your own words.</i>
<i>ii</i>	Pronunciation	<i>IPA, or the syllable you stress.</i>
<i>iii</i>	Collocation	<i>two or three words that travel with it.</i>
<i>iv</i>	Word family	<i>the noun, the verb, the adjective.</i>
<i>v</i>	Personal sentence	<i>one true line from your life.</i>
<i>vi</i>	Quick image	<i>a symbol your eye remembers.</i>
<i>vii</i>	Review date	<i>when you will test yourself next.</i>

EVIDENCE BASE

Karpicke & Roediger (2008).

Paivio (1986).

Nation (2013).

Cepeda et al. (2006).

One word, seven hooks.

Sixty seconds, well spent.

Words travel in groups.

Notice what travels with 'decide'.

FIVE SENTENCES

“She decided to leave at six.”

“We made a decision quickly.”

“It was a difficult decision.”

“I can't decide between the two.”

“He's decisive in a crisis.”

NOTICE

Chunks “*make a decision*”, “*decided to leave*”

Collocation “*difficult decision*”, “*decide between*”

Word family *decide (v)*, *decision (n)*, *decisive (adj)*

Talk to your partner first. What did you notice? We'll name it together.

Live: One word, seven hooks.

We'll do one together. Then you'll do five of your own.

commit

i **Meaning**

to promise to do something fully

ii **Pronunciation**

/kə'mɪt/, stress on second syllable

iii **Collocation**

commit to · make a commitment · fully committed

iv **Word family**

commit (v) · commitment (n) · committed (adj)

v **Personal**

"I'm committing to fifteen minutes of English every morning."

vi **Image**

a handshake, or a signed line

vii **Review**

tomorrow · three days · one week

Build your five.

Five words that matter to you. Run each one through the seven hooks.

INSTRUCTIONS

- 01 *Choose five words from your work, your life, your plans.*
- 02 *For each one, fill all seven hooks.*
- 03 *Work alone for twenty minutes.*
- 04 *Then swap two with your partner. Five minutes.*

USEFUL LANGUAGE

- “From work I want to remember...”*
- “I’m not sure of the word for...”*
- “I always struggle with...”*
- “A word I keep meeting is...”*

IF YOU FINISH EARLY · TAKE ONE OF YOUR PARTNER'S WORDS AND RUN IT THROUGH THE HOOKS FOR THEM

Test before you look.

Cover your notes. Your partner asks. The retrieval is the practice.

i Cover.

Close your notebook. Put it on your knee.

ii Ask.

Partner says one of your words. You give the meaning, a chunk, and one sentence.

iii Swap.

Three rounds each. Three minutes per round.

Six minutes total. Then we'll talk about what felt different.

Three takeaways.

What to take with you.

01 Words live in groups.

Chunks, collocations, families. Never write a word alone.

02 Make it yours.

The image and personal sentence are where the memory forms.

03 Test, then check.

Retrieval makes words stick. Reading them again doesn't.

What. So what. Now what.

Two minutes each. Then write one sentence each in your notebook.

WHAT?

What's one word from today you'll never forget?

SO WHAT?

So what does that tell you about how you learn?

NOW WHAT?

Now what will you do with your notebook tomorrow?

TAKE IT WITH YOU

The poster is yours.

Use it every time you meet a new word.

markgather.com/lessons

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